



CUTS

[1] 8OZ ONGLET £16

[5] 12OZ RUMP £18, 24OZ RUMP £28

OR TWO 12OZ RUMPS FOR £25 (SHARING DEAL)

[17] 8OZ GOOSE FLANK £16

[9] 34 OZ TOMAHAWK £48 (FOR TWO PEOPLE)

ALL STEAKS SERVED WITH HANDCUT CHIPS OR STRAW FRIES, ONION RINGS, SAUTÉED MUSHROOMS, OVEN ROASTED TOMATO & FRESH GARNISH

SIDES £3

- GREEN VEG
- SPICED RED CABBAGE
- CASHEL BLUE CHEESE SAUCE
- GREEN PEPPERCORN & BRANDY SAUCE

DESSERTS £6

- WINTER FRUIT MESS
- STICKY TOFFEE PUDDING WITH VANILLA ICE CREAM AND TOFFEE SAUCE
- SPICED APPLE CAKE - MULLED CIDER JELLY - APPLE CRUMBLE ICE CREAM

THE ETHOS

EVERY WEEK WE WILL BE CELEBRATING THE TRADITIONAL BREEDS OF THE UK WHICH HAVE BEEN UNCHANGED FOR CENTURIES. IT IS THESE BREEDS AND THE STEWARDSHIP OF THE FARMERS WHO LOOK AFTER THEM THAT SHAPE THE WAY THE ENGLISH COUNTRYSIDE LOOKS TODAY.

THIS WEEKS BREED

THE HEREFORD IS ONE OF THE UNITED KINGDOM'S OLDEST NATIVE BREEDS ORIGINATING IN THE COUNTY OF HEREFORDSHIRE IN THE MID 1700'S, LATER SPREADING THROUGHOUT THE UK AND THE REST OF THE WORLD. THE HERD BOOK WAS OPENED IN 1846 AND SINCE 1886 IT HAS BEEN CLOSED TO ANY ANIMAL WHOSE SIRE OR DAM HAS NOT BEEN PREVIOUSLY RECORDED; SO FOR 120 YEARS THE PURITY OF THE BREED HAS REMAINED INTACT.

THE FARMS & CATTLE

ALL THE BEEF ON THE MENU WILL BE 100% GRASS FED. GRASS FED BEEF FAR SURPASSES GRAIN FED BEEF AS IT CONTAINS CONSIDERABLY MORE ANTIOXIDANTS VITAMINS AND MINERALS, INCLUDING HIGHER LEVELS OF BENEFICIAL NUTRIENTS TOO SUCH AS ZINC, IRON, PHOSPHOROUS, SODIUM AND POTASSIUM.